

# Maximize Your Health Plan By Using Avalon Healthcare On-line

Avalon Healthcare on-line tools and services help Members manage their overall health and improve their quality of life. Here are some of the ways consumers and employers can benefit from Avalon on-line.

## Find a Doctor, Hospital, Pharmacy or Dentist Instantly

Looking for a healthcare provider? Our on-line services can direct you to a quality healthcare provider or location immediately. Click on the tabs that appear on almost every page of the Avalon Healthcare website to search instantly.

## Educate Yourself

Learn more about health insurance products such as High Deductible Health Benefit Plans (HDHP), Preferred Provider Organizations (PPOs), Health Savings Accounts (HSAs) and more by visiting the Avalon Learning Center. A full library of services is available and the Avalon Learning Center will continue to grow each month to help Avalon Members become better consumers.



## Gain Instant Web Access to WebMD™

Click through to WebMD™ from the Avalon website to get answers to thousands of healthcare questions.

## Check Claims Status

Instantly through our secure site. Only an Avalon Healthcare Member or employer can see personal claims status by logging in and visiting the password protected section(s) of the website.

## Get Instant Access to Individual Health Savings Account (HSA) On-line Services.

Connect directly to your secure and personalized HSA through a link located on [www.avalonhealthcare.com](http://www.avalonhealthcare.com).

**This is a benefit summary. It is intended for informational purposes only, and does not represent a full description of benefits provided. For a complete description of benefits and exclusions, please refer to the insurance policy certificate and schedule of benefits.**

Avalon Healthcare  
Rocky Point Centre  
3030 North Rocky Point Drive West #800  
Tampa, Florida, 33607  
877-280-0010 [www.avalonhealthcare.com](http://www.avalonhealthcare.com)

A screenshot of the Avalon Healthcare website homepage. At the top left is the Avalon Healthcare logo. Below it is a navigation menu with tabs for Members, Producers, Employers, Products • Services, Group Plans, Individual Plans, and Dental Plans. To the right is a "Contact Us" section with links for Doctor Directory, Hospital Directory, Pharmacy Directory, Learning Center, and Contact Us. In the center is a large image of a family (a woman, a man, and a child) with a magnifying glass over them. Text in the magnifying glass reads "FOCUS ON THE FUTURE OF FLORIDA'S HEALTHCARE". Below the image is the "FOCUS PLANS" logo. At the bottom is a login box with fields for "User ID:" and "Password:" and an "Ok" button. To the right of the login box is the "CARESUPPORT program" logo with the number 866-949-5700. At the very bottom is a footer with links for HOME, ABOUT AVALON, MEMBERS, PRODUCERS, EMPLOYERS, PRODUCTS • SERVICES, and CONTACT US, along with a copyright notice for 2005.

Avalon On-line: [www.avalonhealthcare.com](http://www.avalonhealthcare.com)

## Pay On-line

Individual Members can pay premiums on-line.  
Pay Avalon premiums via credit card instantly.

## Compare Pharmacy Prices

Through the Florida Attorney General and the Agency for Health Care Administration (AHCA) web-link, ([www.floridarx.com](http://www.floridarx.com)) Members can compare the price of any prescription drug by pharmacy location instantly.

## Other Avalon Healthcare Services Available But Not On-line:

### Talk to a Nurse. Optum™ Connect24 Services

Access for all Avalon Members to a toll-free telephone number to connect to a live nurse 24 hours a day, seven days a week, 365 days a year: 877-843-5071.

### Save Money Without Sacrificing Care Through the Avalon CareSupport Program (ACSP)



By calling 866-949-5700 from 8:00 am – 6:00 pm EST, Avalon Healthcare Members can get help in finding the most appropriate care setting at the right price. A Member's primary care physician or specialist may be sending them to a hospital or lab that costs considerably more for identical services that can be rendered at another quality facility. Check with Avalon to see if care is available at a better cost to you, the consumer.



**AVALON HEALTHCARE ON-LINE**

Avalon Healthcare, Inc.